

Around the World in ? Days



WALKING LOG

Name: _____

Team: _____

2,000 Steps = 1 Mile
 20-Minute Walk = 2,000 Steps
 For other activities use the
[Step Conversion Chart](#)
 available on our Challenge page.

	Today's Date	Minutes Moved	Miles Traveled	Steps Walked	Today's Total
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					
Sunday					
This Week's Total					

